

## 'Geeta' Adhyay-12 (Bhakti Yog)

Arjuna Uvacha

Evam Satatayukta Ye Bhaktastvam Paryupasate |  
Ye Chapyaksharamavyaktam Teshan Ke Yogavittamah || 1 ||

Shreebhagavan Uvacha

Mayyaveshya Mano Ye Mam Nityayukta Upasate |  
Shraddhaya Parayopetaste Me Yuktatama Matah || 2 ||  
Ye Tvaksharamanirdeshyamavyaktam Paryupasate |  
Sarvatragamachintyancha Kootasthamachalam Dhruvam || 3 ||

Sanniyamyendriyagramam Sarvatra Samabuddhayah |  
Te Prapnuvanti Mameva Sarvabhootahite Ratah || 4 ||

Kleshodhikatarasteshamavyaktasaktachetasam |  
Avyakta Hi Gatirdukhhan Dehavadbhiravapyate || 5 ||

Ye Tu Sarvani Karmani Mayi Sannyasya Matparah |  
Ananyenaiva Yogena Man Dhyayanta Upasate || 6 ||

Teshamaham Samuddharta Mrityusansarasagarat |  
Bhavami Nachiratpartha Mayyaveshitachetasam || 7 ||

Mayyeva Mana Adhatsva Mayi Buddhin Niveshaya |  
Nivasishyasi Mayyeva Ata Oordhvan Na Sanshayah || 8 ||

Atha Chittam Samadhatum Na Shaknoshi Mayi Sthiram |  
Abhyasayogena Tato Mamichchaptum Dhananjaya || 9 ||

Abhyasepyasamarthosi Matkarmaparamo Bhava |  
Madarthamapi Karmani Kurvansiddhimavapsyasi || 10 ||

Athaitadapyashaktosi Kartum Madyogamashritah |  
Sarvakarmaphalatyagam Tatah Kuru Yatatmavan || 11 ||

Shreyo Hi Gnanamabhyasajgnanaddhyanam Vishishyate |  
Dhyanatarmaphalatyagastyagachchantiranantaram || 12 ||

Adveshta Sarvabhootanam Maitrah Karuna Eva Cha |  
Nirmamo Nirahankarah Samaduhkhasukhah Kshamee || 13 ||

Santushtah Satatam Yogee Yatatma Dridhanishchayah |  
Mayyarpitamanobuddhiryo Madbhaktah Sa Me Priyah || 14 ||

Yasmannodvijate Loko Lokannodvijate Cha Yah |  
Harshamarshabhayodvegairmukto Yah Sa Cha Me Priyah || 15 ||  
Anapekshah Shuchirdaksha Udaseeno Gatavyathah |  
Sarvarambhaparityagee Yo Madbhaktah Sa Me Priyah || 16 ||  
Yo Na Hrishyati Na Dveshti Na Shochati Na Kankshati |  
Shubhashubhaparityagee Bhaktimanyah Sa Me Priyah || 17 ||  
Samah Shatrau Cha Mitre Cha Tatha Manapamanayoh |  
Sheetoshnasukhaduhkheshu Samah Sangavivarjitah || 18 ||  
Tulyanindastutirmaanee Santushto Yena Kenachit |  
Aniketah Sthiramatirbhaktimanme Priyo Narah || 19 ||  
Ye Tu Dharmyamritamidam Yathoktam Paryupasate |  
Shraddadhana Matparama Bhaktasteteeva Me Priyah || 20 ||